

*I have been suffering from GERD (acid reflux) and hot flashes (per menopause). Tina has been treating me with acupuncture and Traditional Chinese Medicine, neither of which I have used before. She is thorough in her history-taking and gentle and compassionate in her approach. My hot flashes have disappeared and we are working on my acid reflux. I am confident that under her care, my acid reflux will improve soon. Additionally, my ability to deal with stress has improved and I look forward to each visit. Acupuncture and TCM under Tina's care, will continue to be part of my life.*

Kelly H. (Victoria, BC)