

*This letter express my support and recommendation for Tina Lai. When I first met Tina, I had been suffering with extreme pain in my left hip, left leg and foot. I was unable to walk more than one or two blocks without having to stop and sit. I have found that Tina's needle placement and technique is very excellent. She is careful and observant. She always asks if there is pain or discomfort throughout the treatment. She has shown an amazing ability to manipulate the energy. I have found her treatments to be very effective. With each treatment there is steady, progressive improvement. Tina's explanation of my condition is very clear and precise, and always with a positive outlook. Additionally, she always engages me in conversation about issues related to my healing process, such as, diet, exercise, emotional balance and attitude.*

*As a direct result of the treatments she has given me, I have improved dramatically. After my last treatment I was able to walk one mile on the treadmill without stopping. I feel very thankful to have met her and to have the benefit of her treatments. She is certainly very talented and knowledgeable and is an asset to the healing community.*

Joseph B. (Victoria, BC)